

## **Mission in practice – transcript of video**

Speaker 1

To name a few we have quite a mix: we have our yearly retreat to a donor community, Bradwell on Sea in Essex; our monthly community meal; then we have our nursery; our community house provides low-cost housing for Christians living within the community. Then we have the Mennonite program - these are families from the U.S. that will come and live among us, contributing to the day to day running of our church.

Speaker 2

One of the best ways is reaching out to the community. You can't expect people to come to you, particularly when they don't understand what you do and why you do it. One of the best examples we have is our living well project 'Living well'. We started off by doing weekly telephone calls to people who specifically are isolated and lonely and this has proved invaluable, particularly during this awful period of COVID.

Speaker 3

So we very much believe that our mission for our church is to support the older congregation that we have. And in through supporting them they can then go out and pass on their thoughts and their way of life to their other friends and family that they know outside the church.